

## Hannah Schlor

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### Education and qualifications

2011 - 2014 University of Loughborough  
**Geography and Sports Science (2:2).**

Modules included: Teaching and Coaching, Psychological Issues in Sport, Sports Ideologies and Values, Global Environmental Change, Environmental Systems and Resource Management.

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2009 - 2011 Bromsgrove High 6<sup>th</sup> Form, Bromsgrove  
**A-levels: Physical Education, Biology, Psychology, General Studies.**

2004 - 2009 Aston Green School, Bromsgrove  
**GCSE's: 9 grade A-C including A\* in Physical Education.**

### Skills profile

#### Leadership 3

- As team leader for 'The Annual Loughborough Sports Challenge', our team came second out of 41 entries. I demonstrated strong leadership skills in this role; motivating and leading the team to this outstanding performance.
- I am currently responsible for leading a team of bar staff in my role as assistant manager at JD Wetherspoon. Learning from my success on the sports field, I have further developed my leadership skills in this role.
- In my captaincy of the university's 'women's hockey team' in 2012 I successfully lead the team to a number of victories.

#### Motivation and ambition

- I am able to perform well in high-pressure environments as I am very competitive with a strong motivation to succeed. An example of this is the way I was able to balance work and study with my sporting interests while at university. Training several times a week while also meeting all assignment deadlines required motivation, prioritisation and organisational skills.
- Additionally, I have always had a part-time job alongside my studies, or in the summer holidays. This demonstrates personal motivation to continually develop myself and my skills.

## Example of a skills CV

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1

List your education in reverse chronological order, starting with the most recent.

2

A-level grades are not essential. If a minimum grade is required state these next to each subject in brackets.

3

Define key-skill subheadings so you can demonstrate your abilities. Think about modules you have covered at university, professional skills you have developed through your course and any employment or voluntary experience that has developed your skills.

## Communication, presentation and networking

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- Throughout my studies I have developed my oral communication skills, contributing to seminars and debates in class. I was assessed on my presentation skills on a number of occasions and received feedback confirming that I am a confident presenter. This is something that I enjoy. I am experienced in communicating with a variety of people, something I do daily in my current role at JD Wetherspoon.

## Team working

- I am an active team member and will contribute to a team's ideas and outcomes. I recognise it is important to work together as a collective and to try and encourage those who may not be as confident as others. In a university team project, I worked with a diverse range of students. We overcame language and cultural differences to work effectively as a team to deliver the project.
- Working as an effective team is also essential to the success of my sporting activities. I am currently part of three sports teams; hockey, netball and football.

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## Innovative and problem solving

- Resolving customer queries or complaints is an important aspect of my role at JD Wetherspoon. I often have to take the initiative to resolve situations and ensure the best outcome for the customer.
- In preparing the administration for my hockey team's entry to the rally competition I became aware that two team members were not available on the required dates. Rather than accept this, I made contact with the organisers of the event and asked if we could play during the following qualifying round. After some persuasion they agreed and this enabled us to enter our best team on the day. We went on to win this competition.

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## Work experience

**2011 - Present** **7** **Bar assistant/Assistant manager, JD Wetherspoon, Loughborough**  
I started as bar assistant and was promoted to assistant manager in 2013. Alongside general bar duties this role includes additional responsibilities of staff management, duty rotas, liaising with suppliers and assisting the manager with the overall smooth running of the pub.

**Summer 2011** **Bar assistant, JD Wetherspoon, Bromsgrove**  
This role included serving customers, using the till system and general cleaning duties. This was a busy environment where I had to work quickly and efficiently to ensure excellent customer service.

## Example of a skills CV

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Be specific. Provide details to demonstrate your skill in this area, but be concise.

5

Consider examples beyond education and employment to show the breadth of your experiences.

6

Try to include examples that demonstrate a positive outcome as a result of your actions.

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It is important to include any work experience. This adds further context to the comments you have made above.

**Summer 2009**

**Retail assistant, Toys 'R' Us, Bromsgrove**

In this temporary position I stocked shelves, assisted customers and used the till and ordering systems. Being friendly and engaging with children and their families was an important part of this role.

**Interests and further information**

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- 1<sup>st</sup> team - university women's hockey team (captain 2012-2013).
- 1<sup>st</sup> team - university netball team.
- 2<sup>nd</sup> team - regional football league.
- Hobbies include badminton and climbing (member of Leicester Climbing Club).

## Example of a skills CV

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It can be effective to list achievements in this way. Alternatively, you could incorporate these into the section above to highlight the skills developed as a result.